



INDIAN MEDICAL ASSOCIATION, TELlichERRY

Monthly Report of Activities for the month of MAY 2023

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2.MEMBERSHIP

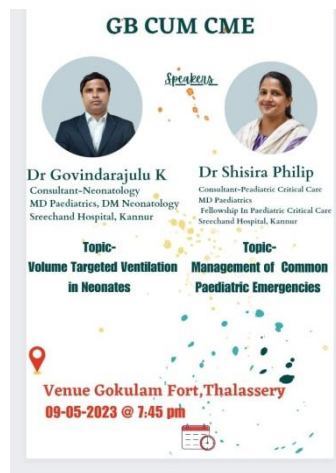
SCHEME	SCHEMES JOINED THIS MONTH	TOTAL MEMBERS JOINED
NEW MEMBERS	1	570
JDN(Less than 40)		128
SSS I		318
SSS II		278
SSS III		237
PPS		324
CGP		36
AMS	-	133
PEPS		10
KHS		352
MBS		28
PENSION SCHEME	-	28
PDSS		14
NAMMUDE AROGYAM COPIES		400

3. ACADEMIC ACTIVITIES

a) BRANCH LEVEL

09.05.2023: CME

IMA Thalassery in Association with IAP Thalassery conducted a CME on 09.05.2023 at Gokulam Fort Thalassery. Topic 1 “Volume Targeted Ventilation in Neonates” by Dr.Govindarajulu K, Consultant Neonatology,SreechandHospital,Kannur and Topic 2 “Management of Common Pediatric Emergencies” by Dr.Shisira Philip, Consultant Paediatric Critical Care , SreechandHospital,Kannur.



26.05.2023: IMA Thalassery in Association with Surgeons Club Thalassery conducted a CME on 26.05.2023 at Navaratna Inn Thalassery. Topic “Dermato Surgery- A Procedural Journey from Acne scar via vitiligo to Hair Transplantation” by Dr.Muhammed Razmi, Consultant Dermatologist, IQRRRA Calicut.



b) SUB FACULTY OF CGP

03.05.2023: Clinical Club Meeting

IMA Thalassery in Association with CGP Thalassery conducted a Clinical Club on 03.05.2023 at IMA Hall Thalassery. Topic 1 “Broken Ribs: Is there a fix” by Dr.Devaraj T V, Laproscopic Surgeon, Aster MIMS Kannur and Topic 2 “The deceptive Nodule” by Dr.Rejna Dilnath, Consultant Pulmonologist. The Clinical Club was followed by a lively interaction. Dr. Jayakrishnan Nambiar presided over the meeting. 30 members attended the meeting. Vote of thanks proposed by Dr.Nadeem Abootty (Secretary IMA Thalassery).



c) SUB FACULTY OF AMS

24.05.2023: CME

IMA Thalassery conducted a CME on “Snake Bite Envenomation” by Dr.Rafeeqe P A,Chief of Critical Care,Indira Gandhi Co-op Hospital,Thalassery.The CME was followed by a lively interaction. Dr. Jayakrishnan Nambiar presided over the meeting. 45 members attended the meeting. Vote of thanks by Dr.Nadeem Abootty(Secretary IMA Thalassery).



d) SPECIAL TRAINING PROGRAMME

25.05.2023: Awareness class on “Prevention of preventable maternal death” was conducted by Dr.Geetha M (Chairperson WDW Thalassery). Attended by Dr.Suja Ajith and Gynaecologists and Staff of Thalassery.



4. ORGANIZATIONAL ACTIVITIES

1) GENERALBODY MEETING

24.05.2023: General Body Meeting

General Body Meeting was held at IMA Hall Thalassery on 24.05.2023. Dr.C K Jayakrishnan Nambiar (President IMA Thalassery) welcomed the gathering. 45 members attended the meeting. Vote of thanks proposed by Dr.Nadeem Abootty (Secretary IMA Thalassery).



INDIAN MEDICAL ASSOCIATION THALASSERY

Dear Dr,
IMA Thalassery cordially invite you for the General body cum CME Meeting to be held on 24th May 2023 at 8.00pm, Wednesday at IMA Hall Thalassery.

AGENDA

1. General Body Meeting (8.00 PM to 8.45 PM)
2. CME (8.45 PM TO 9.15 PM)
"Snake Bite Envenomation"

Speaker:
DR. RAFEEQUE P.A. (MBBS,MD)
Chief of Critical Care
Dept. of Emergency and Critical Care Medicine
Indira Gandhi Co-operative Hospital, Thalassery

DR. JAYAKRISHNAN NAMBIAR
(President IMA)

DR. NADEEM ABOOTTY
(Secretary IMA)


Sponsor:
INDIRA GANDHI CO-OP HOSPITAL & TEVEZ LIFECARE



2) EXECUTIVE COMMITTEE MEETING

10.05.2023: Executive Committee Meeting

Executive Committee Meeting on 10.05.2023 at IMA Hall Thalassery. Dr.Jayakrishnan Nambiar (President IMA Thalassery) welcomed the gathering. Strategies during ongoing strike was discussed and plan of action decided. 37 members attended the meeting. Vote of thanks was proposed by Dr.Nadeem Abootty (Secretary IMA Thalassery).



INDIAN MEDICAL ASSOCIATION-THALASSERY

8TH EXECUTIVE COMMITTEE MEETING


Dear Doctor,
Notice is hereby issued for the 8th Executive Committee Meeting of the IMA year 2022-23, to be convened in the IMA Hall, on Wednesday 10th May 2023 at 8.00 pm. Kindly attend on time, without fail.

AGENDA

1. Opening remarks from the chair.
2. Review of activities till date.
3. Arrangements for SWC Meeting
4. Planning reception for state leaders at IMA Hall
5. Planning of activities until next Executive Meeting
7. Other matters with the permission of the chair

SPONSORS

DR.BALAKRISHNAN
DR.RAJEEVAN V K
DR.RAMAKRISHNAN K P
DR.SANDEEP T K
DR.SREEDHARAN A P
DR.VASUDEVAN P P



Sd/-
Dr.C K Jayakrishnan Nambiar(President)
Dr.Nadeem Abootty (Secretary)
Dr.Sreejith Valappil (Treasurer)



3. ATTENDANCE IN STATE MEETINGS

11.05.2023: State Action Committee Meeting

State Action Committee Meeting on 11.05.2023 to decide on strike agendas. Dr. Babu Ravindran, Dr. Ramesh R, Dr. Srikumar Vasudevan, Dr. Jayakrishnan Nambiar, Dr. Rajeev Nambiar and Dr. Nadeem attended the meeting.

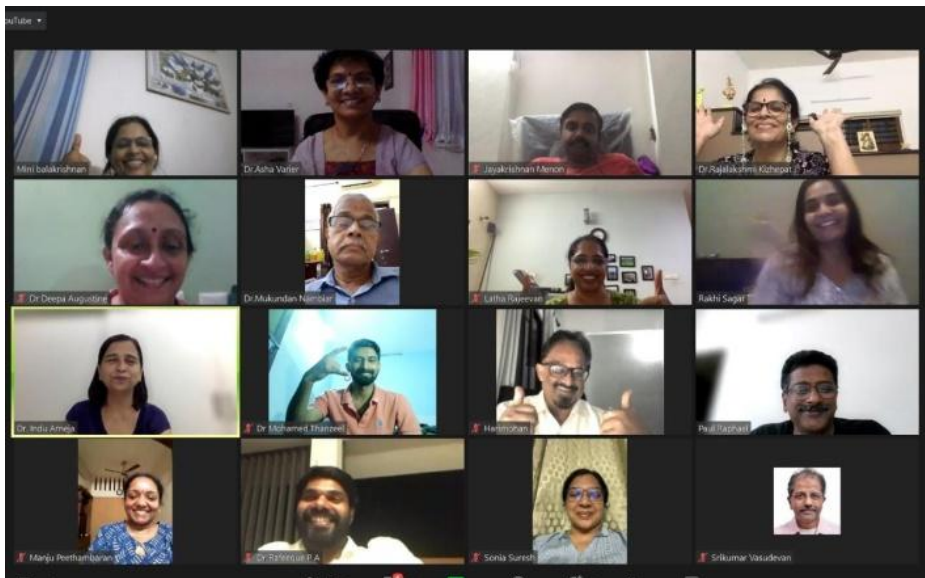


28.05.2023: Leadership Seminar IMA KSB, WDW

Dr. Mini Balakrishnan (IPP) and Dr. Geetha Mekkoth (Chairperson WDW Thalassery) attended the leadership Seminar at Periyar House, Aluva.



30.05.2023: Dr. Mini Balakrishnan (IPP) attended the State IMA Communication Skill TOT 7th session.



4. HOSTING OF STATE FUNCTIONS

SWC Meeting hosted by IMA Thalassery was held at Aurea Auditorium, Thalassery which was highly appreciated by the delegates and state office bearers.

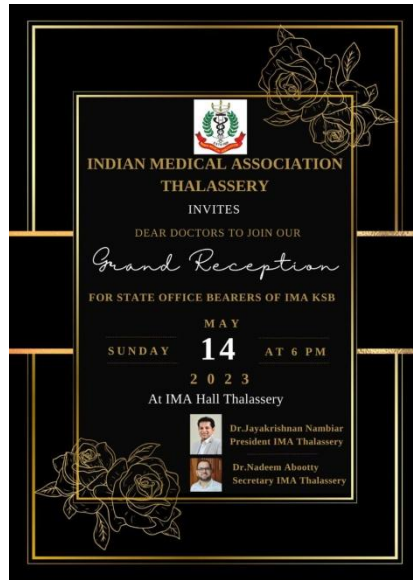




5. RECEPTION TO STATE AND NATIONAL OFFICE BEARERS

14.05.2023: General Body Meeting & Reception to State Leaders

IMA Thalassery arranged Reception to State Office Bearers at IMA Hall. Most of the state office bearers including state president and state secretary attended the reception. Everyone appreciated the efforts of IMA Thalassery for hosting SWC meeting in a grand manner.



6. WOMEN DOCTORS WING ACTIVITIES

15.05.2023 to 26.05.2023: Summer Camp

WIMA Thalassery conducted an Summer Camp for Kids at IMA Hall Thalassery. The camp was organised by Mrs Soniya Pushparaj. Camp included classes on Flower arrangement, paper bag making, and also many exciting games and entertainment. 17 Kids attended the Camp. All the kids actively participated in all the activities and enjoyed a lot. Participants received certificates at the end of session.



7. MEETING ON CURRENT ISSUES

10.05.2023: Condolence cum Protest Meeting

IMA Thalassery conducted a **condolence meeting** at IMA Hall Thalassery in respect to the demise of Dr.Vandana Das after the brutal attack at Kottarakkara Taluk Hospital today morning . An emergency General Body Meeting was convened to express the condolence to the bereaved family, and also to protest against the ongoing attacks against health care workers. More than 100 IMA members attended the emergency meeting .Senior IMA Leaders and various specialty doctors organization leaders expressed their protest against the violence in front of police officers against a young doctor and also

demanded appropriate action to prevent such acts in future and to punish those who are involved in this brutal attack.

The general body meeting has a strong opinion that doctors must refrain from VIP duties and other medical camps unless doctors are given due safety at their workplace and also requested the state committee to pressurize government regarding the safe zone implementation.

IMA Thalassery members participated in the state wide Emergency Strike called by State President in connection with the above incident and expressed whole hearted support to the state IMA regarding any further decisions to be taken.



8. ACTION AGAINST VIOLENCE ON DOCTORS

10.05.2023: Executive Committee Meeting of this month was dedicated for discussing exclusively on Violence Against doctors. Strategies during ongoing strike was discussed and plan of action decided. Members raised the anguish on the present matter regarding death of a young doctor following a brutal attack at Kottarakkara today morning. Thalassery IMA raised a strong opinion that the person involved in such a crime must be punished at the earliest. 37 members attended the meeting. Vote of thanks was proposed by Dr.Nadeem Abootty (Secretary IMA Thalassery).



5. SOCIAL ACTIVITIES

1.FIRST AID CLASS & ELS TRAINING

05.05.2023: IMA Thalassery exhibited a stall at Thalassery Engineering College as a part of National Tech fest. Dr Nadeem Abootty secretary IMA Thalassery lead the team. First aid awareness and BLS hands-on training was done for the visitors in the stall. Medical wing also provided first aid and treatment at the venue.

WDW arranged a free dietitian consultation with body fat estimation and guidance. Free Blood check up and BP monitoring was also provided by staffs from Heed n Heal Labs. Hundreds of students and staffs visited IMA stall and appreciated the efforts.



29.05.2023: ELS CLASS

Class for 70 odd audience consisting of coastal residents, fishermen & Kudumbasree workers on Basic Life Support taken by Dr Anand K, on 29.05.2023 at Near Muzhappilangad Beach. Organized by Thalassery IMA & Thalassery coastal police. Sri. Manoj Kumar, SI, Thalassery Coastal Police Station presided the function. Sri. Vijesh, Vice President, Muzhappilangad Grama Panchayath inaugurated the function.



2.MEDICAL CAMPS

18.05.2023: Medical Camp for Hajj pilgrims conducted by Dr.Maya Jithin, Dr.Aparna and Dr.Jithin at General Hospital Thalassery.



30.05.2023: Free Fibro scan organized by Thalassery IMA at Co-operative Hospital, Thalassery.70 patients got the free service. Dr.Sandeep Narayanan, Consultant Gastroenterologist examined the patients.



3.HEALTH EDUCATION CLASS

13.05.2023: Dr.Sajeev Kumar P B, Former President IMA Thalassery was one among the panelists in discussion at a conference conducted by Aster MIMS Kannur at Binale Hotel Kannur. Topic: LGBTQ+ at Emergency Department.



18.05.2023: Awareness Class on Menstrual Cup and Menstrual Hygiene at PHC Dharmadam. Class was taken by Dr.Dhanya Chandran.



25.05.2023 Adolescent Health Awareness Class for NSS Students at Anjarakandy HSS .
Class was taken by Dr.Suchitra Sudhir.



4. INVOLVEMENT IN NATIONAL HEALTH PROGRAMMES

All National Health days were observed .

International Labour Day,World Asthma Day,World Red Cross Day and
International Nurses Day

5.COMMUNITY DEVELOPMENT PROGRAMMES

03.05.2023: Food was donated by Thalassery IMA at Old Age Home,Snehakoodu, as a part of IMA Thalassery doctors charity for the month may..



6.NAMMUDE AROGYAM SUBSCRIPTION

Thalassery IMA has been the subscriber for Nammude Arogyam. 400 copies being ordered this month. These copies are being distributed through various private hospitals in Thalassery.

6.OBSERVATION OF IMPORTANT DAYS

01.05.2023: International Labour Day

On International Labour Day IMA Thalassery observed Labour day by honouring the Senior Labourer of Thalassery Co-op Hospital by giving momento to Mr.Ranjith. Dr.Jayakrishnan Nmabiar(President IMA Thalassery) delivered speech and presented the momento.



04.05.2023: World Asthma Day

Awareness Class for doctors, nursing and para medical staff by Dr.Rejna Dilnath at AKG Hospital,Kannur.



05.05.2023: Immunization Week

Immunization week Awareness Class at CHC Pinarayi by Dr.Johnny Sebastian (Vice President IMA Thalassery)



08.05.2023: World Red Cross Day

As part of World Red Cross Day IMA Thalassery conducted an essay competition for Nursing Students at Thalassery Co-operative Hospital on the topic “World Red Cross Day”. Dr.Jayakrishnan Nambiar(President IMA Thalassery) moderated the session. Winners were awarded following the programme.



12.05.2023: International Nurses day

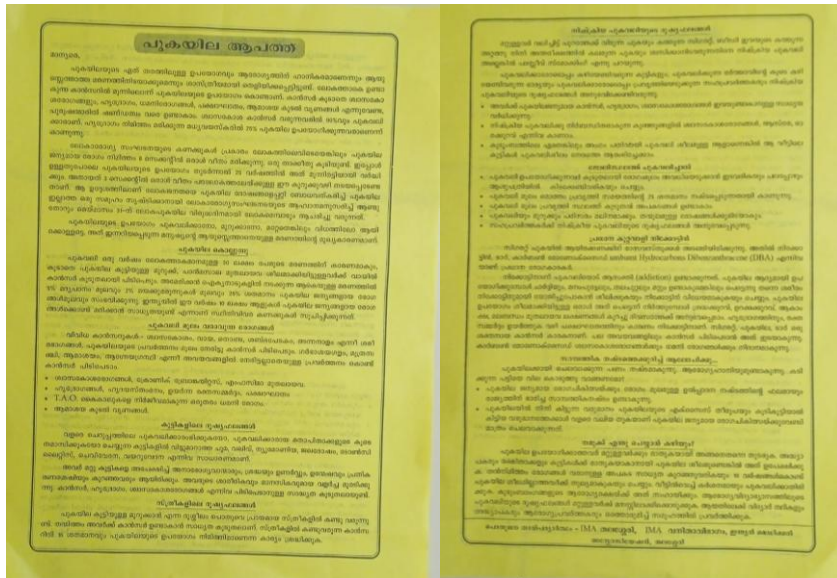
Celebrations by doctors and staff nurse and other staff at General Hospital Thalassery as part of International nurses day on May 12th.



31.05.2023: World No Tobacco Day

Distributed Pamphlets:

IMA Thalassery observed No Tobacco Day distributed pamphlets at all private Hospitals and clinic in Thalassery.



Observed World No Tobacco day on May 31st at Co-operative Hospital,Thalassery by Dr.Jayakrishnan Nambiar distributing pamphlets to the patients and bystanders.



Observed World No Tobacco day on May 31st at Head n Heal Clinic Thalassery by Dr.Nadeem Abootty distributing pamphlets to the patients and bystanders.



Dr.Aiswarya, consultant Pulmonologist at Thalassery Mission Hospital gave an awareness class on Kannur News Channel regarding –Smoking and Respiratory diseases.



We observed World No Tobacco Day programme. IMA Thalassery and Panoor Nucleus Hospital jointly conducted a Flash Mob & Awareness Rally at Panoor. Municipal Chairperson Preetha Ashok inaugurated the Programme. Dr. Sakkariya P P (Former Secretary IMA Thalassery) presided over the function. Kuthuparamba Excise Preventive Officer Mr. K V Rafi flagged of the rally. Mr. Rajan.C.P, Health Inspector Panoor was the Guest of Honour of the programme.



Antismoking awareness class by Dr Rejna Dilnath, for vyaparavyavasayi samithi members on the occasion of world anti tobacco day at kannur on 31 /5/2023.



Dr .Sajeev Kumar MD presented an online session to physicians, pulmonologists and other specialists doctors at Amala Medical College, Thrissur. He presented practical tips to doctors as preventive measures as part of OP services in all departments.



7.SPECIAL PROJECTS OF THE BRANCH

IMA Pain& Palliative Care Society & Pain Clinic at Govt. General Hospital Thalassery

This prestigious project of IMA Thalassery is conducted on every Wednesday afternoon with home visits on Wednesdays and Saturdays. Doctors, Volunteers strive to bring solace to the terminally ill patients. The funds are raised from monthly contributions from members and the public.

Pain & Palliative Donation Boxes

The boxes for raising funds for the clinic were placed in all the Private Hospitals in Thalassery and leading Medical Stores in Thalassery.

ACTIVITY REPORT OF IMA PAIN & PALLIATIVE CARE SOCIETY, THALASSERY

1. NUMBER OF NURSES HOME CARE CONDUCTED... 9 (ON ALL WEDNESDAY AND SATURDAY)
- 2..NUMBER OF VOLUNTEERS HOME CARE CONDUCTED... 9
- 3...NUMBER OF VOUNTEERS HOME CARE PATIENTS.. 30
- 4..NUMBER OF NURSES HOME CARE PATIENT.. 30
- 5.NUMBER OF OUT PATIENTS (OP)CONDUCTED... 5(ON ALL WEDNESDAY)
- 6..NUMBER OF OP PATIENTS ATTENDED...95
- 7..NUMBER OF WOUND CARE PATIENTS.. 6
- 8..NUMBER OF CATHEETER PATIENTS.. 12
- 9..NUMBER OF DEATH CASE..12
- 10...NUMBER OF MORBINE PATIENTS.. 22
- 11.NUMBER OF VOUNTEERS PARTICIPATED IN THE HOME VISITED.. 5
- 12.NUMBER OF DOCTORS HOME CARE... 1
- 13..NUMBER OF DOCTERS HOME CARE PATIENTS.. 1
- 14..NUMBER OF NEW CASE..... 27

TIDA PROJECT

Update on TIDA's Healers Haven Project.

IMA Thalassery's pride project is going well as planned. Currently 11th floor construction is going on out of 18 storey building. TIDA's phase 2 is in pipeline, it's mandatory government approval's process are being done. Accordingly entire project can be finished by the end of 2024.

DON'T DO DRUGS

Year Long Mission of IMA Tellicherry

One of the most terrifying menaces faced by the present world is drug abuse. Drug abuse refers to reckless usage of psychoactive drugs as recreational substances, consumed for pleasure. There are various mediums through which Drugs are consumed, like smoking, oral ingestion, inhalation, injection, etc. All these drugs have tremendous side effects, which can later give rise to several diseases. Drug abuse affects one's stability of mind, inflicting mood swings and later psychological and physical addiction, leading to physical, emotional, job-related and other social problems. The statistics of drug abuse is frightening everywhere. Each year, drug abuse is directly and indirectly responsible for 11.8 million deaths all over the world. The number of drug related maladies is much more than this. Thus drug abuse can turn out to be a very scary affliction for the entire humankind.

In our state, the available data is alarming. Drug abuse among youngsters and even school children are being reported with a day by day increase. Government has come up with strict rules and regulations against drug abuse and distribution, which are being over thrown in many instances. Hence it becomes everyone's duty as responsible citizens, not to misuse the drugs and to involve in anti-drug campaigns.

As an association vouched to the comprehensive well being of the society, IMA Thalassery has decided to conduct a Year Long Mission to fight against drug abuse, with a catch line 'DON'T DO DRUGS'.

The general plan is to spread awareness by conducting classes, audiovisual demonstrations and advice sessions all over our territory by experts from medical field and others like educationists, sports persons, excise & police officials, lawyers, screen celebrities and opinion makers.

Moreover, IMA plans to involve in preventive and treatment aspects of the problem also. Such programs will address not only the drug abuse behavior itself, but also the relevant cultural, ethnic, regional, environmental and bio – psycho-social aspects of various population segments.

By embracing such an ambitious program, IMA Tellicherry expects to gradually bring about a drug free society around us. While envisaging this dream project, IMA expects honest support and truthful cooperation of responsible citizens from all sections of the society.

Please be with us in this noble pursuit...

Programs will be reported as and when they are conducted.

07.05.2023: Dr Jayakrishnan Nambiar,(President IMA Thalassery) was chief guest for the valedictory function of Kannur district senior chess championship. **As a part of the event "Don't Do Drugs" Campaign was introduced to the audience and an awareness session was conducted by Dr.Jayakrishnan Nambiar(President IMA Thalassery) .He distributed the awards for the winners.**



MISSION PINK HEALTH

All the Mission Pink Health activities are going on and has been reported to the Mission Pink Health Chairperson.

26.05.2023: MPH State Level Inauguration at Perinthalmanna IMA house. Along with our great leaders of IMA and leaders of IMA MPH including Dr Mini Balakrisnan (IPP IMA Thalassery) attended the programme. More than 100 students participated.

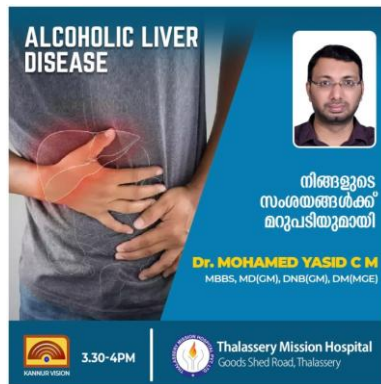


Mutual Benefit Scheme

A scheme for members conducted every year, through which members as well as the association is benefited. 23 members of our branch have joined.

IMA & Media

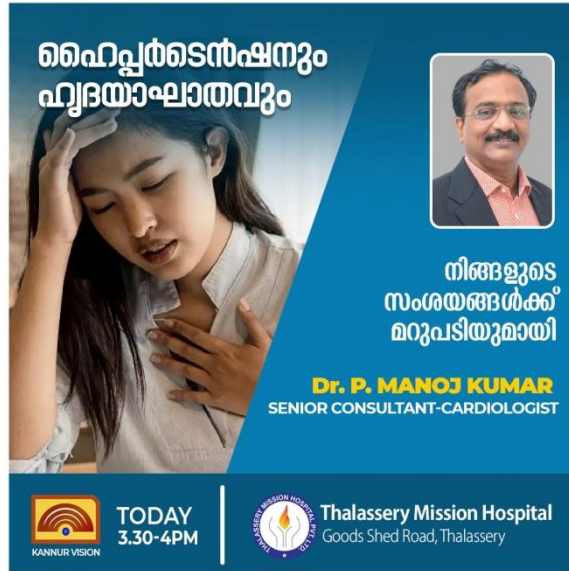
07.05.2023: Dr. Mohammed Yasid C M consultant Gastroenterologist at Thalassery Mission Hospital gave an awareness class on Kannur News Channel regarding –Alcoholic Liver Disease.



10.05.2023: Dr. Mohammed Yasid C M Consultant Gastroenterologist at Mission Hospital Thalassery gave an awareness class on Kannur News Channel regarding – “Know about Endoscopy”.



22.05.2023: Dr.Manoj Kumar P gave an awareness class on Kannur News Channel regarding –Hypertension & Heart attack



PUBLIC FUNCTIONS & SOCIAL INVOLVEMENT

07.05.2023: Dr Jayakrishnan Nambiar,(President IMA Thalassery) was chief guest for the valedictory function of Kannur district senior chess championship. **As a part of the event “Don’t Do Drugs” Campaign was introduced to the audience and an awareness session was conducted by Dr.Jayakrishnan Nambiar(President IMA Thalassery) .He distributed the awards for the winners.**



27.05.2023:Dr Jayakrishnan Nambiar received “Excellence in Health care award” awarded by Deepika for his meticulous services in health career .



PAPER CUTTING

KNR 2023 മേയ് 11 വ്യാഴം രാഷ്ട്രദീപിക

സുരക്ഷയില്ലെങ്കിൽ വിരളേപി ഡ്യൂട്ടിയും മെഡിക്കൽ ക്യാമ്പും ഒഴിവാക്കും: ഡോക്ടർമാർ

അഞ്ചരക്കര ഡോക്ടർമാർക്ക് മോശം സൗകര്യം കിട്ടിയാൽ സുരക്ഷ ലഭിച്ചില്ലെങ്കിൽ വിരളേപി ഡ്യൂട്ടികളിൽ നിന്നും മെഡിക്കൽ ക്യാമ്പുകളിൽ നിന്നും വിട്ടു നിൽക്കണമെന്ന് ഇന്ത്യൻ മെഡിക്കൽ അസോസിയേഷൻ തദ്ദേശീയ ശാഖ അദ്ധ്യക്ഷനായ ഡോ. വസന്ത പ്രസാദ് കുമാർ പറഞ്ഞു. അദ്ദേഹം പറഞ്ഞത് അടുത്തിടെ നടത്തിയ സർവ്വേയിൽ നിന്നും മെഡിക്കൽ ക്യാമ്പുകളിൽ നിന്നും വിട്ടു നിൽക്കണമെന്ന് ഇന്ത്യൻ മെഡിക്കൽ അസോസിയേഷൻ തദ്ദേശീയ ശാഖ അദ്ധ്യക്ഷനായ ഡോ. വസന്ത പ്രസാദ് കുമാർ പറഞ്ഞു.

പ്രസിഡന്റ് ഡോ. ജയകൃഷ്ണൻ നമ്പ്യാർ അധ്യക്ഷനായി സംസാരിച്ചു.

ഡോ. നാട്യ അമ്മച്ചി, ഡോ. ടി.എസ്. ബാബു റവീന്ദ്രൻ, ഡോ.ആർ. രാജൻ, ഡോ.സുരേഷ് ബാബു, ഡോ. മിനി ബാബു കൃഷ്ണൻ, ഡോ.വി.കെ.രാജൻ, ഡോ. ഡോ.പ്രൊ. ഡോ.ശശിധരൻ, ഡോ.ജോണി സെബാസ്റ്റ്യൻ, ഡോ. ബിജി അലക്സാണ്ടർ എന്നിവർ പ്രസംഗിച്ചു.

KNR 4TD മലയാള മനോരമ

ഡോ. വന്ദനയെ കുത്തിക്കൊന്ന സംഭവം; ഡോക്ടർമാർ ഒപി ബഹിഷ്കരിച്ചു

അഞ്ചരക്കര കോളേജിലെ ഡോ. വന്ദനയെ കുത്തിക്കൊന്ന സംഭവത്തിൽ അഞ്ചരക്കര ഡോ. വന്ദനയെ കുത്തിക്കൊന്ന സംഭവം കേസിലെ പ്രതികളെ അറസ്റ്റ് ചെയ്തതിന് പിന്നാലെ ഡോ. വന്ദനയെ കുത്തിക്കൊന്ന സംഭവം കേസിലെ പ്രതികളെ അറസ്റ്റ് ചെയ്തതിന് പിന്നാലെ ഡോ. വന്ദനയെ കുത്തിക്കൊന്ന സംഭവം കേസിലെ പ്രതികളെ അറസ്റ്റ് ചെയ്തതിന് പിന്നാലെ...



